

For Immediate Release:

Robin Hardy Presents
"Empowering You Radio: An Empowered Journey"

On Monday, January 12, 2009 Media Personality, Business Consultant & Motivational Expert Robin Hardy interviewed with Matthew B. James, Ph.D., international trainer, lecturer, educator, and the President of American Pacific University and the Empowerment Partnership, on Empowering You Radio Show, which can be found at http://www.robinhardy.net/Empowering_You_Radio.php .

Matt has been chosen to carry on a lineage of *Huna*, the ancient Hawaiian science of consciousness and energy healing. How many times have you made a New Years Resolution to loose weight? Learn today why the choice of words is key to our success in this journey; the word loss implies you need to go find it. Matt shares with us why using a change of words may be the key you have been searching for. He will also share the history and practice of the ancient Hawaiian practice of *Huna*. This is a must listen for any resolution you may have made to launch 2009 off with a bang. To reach Matt you can visit his website at www.Huna.com. If you have any requests or questions regarding this show or upcoming email Robin at Robin@RobinHardy.net

About Empowering You Radio: An Empowered Journey: The Purpose of Empowering You Radio: An Empowered Journey is to empower you and your life. While your definition of journey may be different we consider the journey to be your life, your business or your faith. By bringing guests on each of our shows that bring a message of hope, encouragement and direction, the listener walks away refreshed and empowered in their journey. These guests are experts in the arena of empowering Men, Women, and Children, those wanting to make career changes, those that are ready to take it to the next level in their life. Topics and areas that will be covered are self image, starting a business, attitude, opportunities, financial, and general life situations. So the question here is, Are you ready to be empowered and change your life? If so, then tune in every week so that you can start this life changing experience!

About Robin Hardy is well known for her expertise in guiding men & women into creating tangible actionable results through Media Training, PR Consulting, Creative Development, Marketing and Business Plans. Through the application of her 6 Empowered Keys Program Robin ensures that her clients create a solid sense of direction leading to greater profitability. Her methods empower people to stretch beyond their limitations, re-invent through a solid sense of self-esteem and deepen their levels of confidence for unstoppable success. Robin speaks nationally, teaches on college campuses and coaches individuals, small business owners and entrepreneurs. As Development Director & Feminine Leader for The Amazing Woman's Day Movement she contributes her insights to empowering women entrepreneurs and business owners. Whether it be as an Empowered Options Coach, An Inspirational Speaker, An Author or host of Empowering you Radio, there's one thing for certain; Robin is dedicated to helping others achieve their wildest dreams.

Visit her website at www.RobinHardy.net for more information on coaching & speaking and to sign up to receive her monthly E-Zine full of great information to empower you.