

For Immediate Release:

Robin Hardy Presents LIVE!
"Empowering You Radio: An Empowered Journey"

On Monday, February 9, 2009 Media Personality & Empowered Options Coach Robin Hardy will be chatting with Master Certified Life Coach and Career Strategist Laurie Sheppard on Empowering You Radio Show, which can be heard live at 11:00 AM PST at <http://Blogtalkradio.com/Robin-Hardy> .

Join us for a discussion on obstacles that render us stuck and how to change that as entrepreneurs. Obviously what keeps us stuck is different, varies depending on our career category. An example of this is Women who have been out of work for awhile are afraid of their rusty skills. But all women have the biggie they face that most interferes and that's their lack of confidence. We will talk about Coach Laurie's "change your negative patterns program," called: "Positive Thinking Way," You can find out more about Laurie Sheppard by visiting her website at www.CreatingatWill.com. The How To Make Changes Easier program has 10 foundational steps to change, so I think your asking me about them and the blocks to doing those and overcoming those blocks makes it so easy to companion with the free book and audio recording that goes into this. So you can tell your readers to get this by signing up for any or all of my free women's newsletters. If you have any requests or questions regarding this show or upcoming email Robin at Robin@RobinHardy.net. Replays of this Live show can be found at www.RobinHardy.net

About Empowering You Radio: An Empowered Journey: The Purpose of Empowering You Radio: An Empowered Journey is to empower you and your life. While your definition of journey may be different we consider the journey to be your life, your business or your faith. By bringing guests on each of our shows that bring a message of hope, encouragement and direction, the listener walks away refreshed and empowered in their journey. These guests are experts in the arena of empowering Men, Women, and Children, those wanting to make career changes, those that are ready to take it to the next level in their life. Topics and areas that will be covered are self image, starting a business, attitude, opportunities, financial, and general life situations. So the question here is, Are you ready to be empowered and change your life? If so, then tune in every week so that you can start this life changing experience!

About Robin Hardy is well known for her expertise in guiding men & women into creating tangible actionable results through Media Training, PR Consulting, Creative Development, Marketing and Business Plans. Through the application of her 6 Empowered Keys Program Robin ensures that her clients create a solid sense of direction leading to greater profitability. Her methods empower people to stretch beyond their limitations, re-invent through a solid sense of self-esteem and deepen their levels of confidence for unstoppable success. Robin speaks nationally, teaches on college campuses and coaches individuals, small business owners and entrepreneurs. As Development Director & Feminine Leader for The Amazing Woman's Day Movement she contributes her insights to empowering women entrepreneurs and business owners. Whether it be as an Empowered Options Coach, An Inspirational Speaker, An Author or host of Empowering you Radio, there's one thing for certain; Robin is dedicated to helping others achieve their wildest dreams.

Visit her website at www.RobinHardy.net for more information on coaching & speaking and to sign up to receive her monthly E-Zine full of great information to empower you.