

For Immediate Release:

**Robin Hardy Presents LIVE!**  
**"Empowering You Radio: An Empowered Journey**  
**ACT as if! Kick Start Yourself into Living the Law of Attraction**

On Monday, February 2, 2009 Media Personality & Empowered Options Coach Robin Hardy will be chatting with Actress, Author and Speaker Barbara Niven on Empowering You Radio Show, which can be heard live at 11:00 AM PST at <http://Blogtalkradio.com/Robin-Hardy> .

Barbara will be sharing "ACT as if! : How to Kick start Yourself into Living the Law of Attraction" In this talk, Niven presents the real secret, which is that you have to kick start your belief system to get yourself started – and she shows how to do just that! It's what actors do each time we pick up a script," she explains. "We consciously design and then physically believe that we're our characters, inside and out. Through rehearsal, we begin to transform You can find out more about Barbara Niven at [www.BarbaraNiven.com](http://www.BarbaraNiven.com). So if you are ready to step into 2009 in a powerful way, join us on-line in the chat room or on the call as Barbara shares an amazing journey.

If you have any requests or questions regarding this show or upcoming email Robin at [Robin@RobinHardy.net](mailto:Robin@RobinHardy.net) Replays of this Live show can be found at [www.RobinHardy.net](http://www.RobinHardy.net)

**About Empowering You Radio: An Empowered Journey:** The Purpose of Empowering You Radio: An Empowered Journey is to empower you and your life. While your definition of journey may be different we consider the journey to be your life, your business or your faith. By bringing guests on each of our shows that bring a message of hope, encouragement and direction, the listener walks away refreshed and empowered in their journey. These guests are experts in the arena of empowering Men, Women, and Children, those wanting to make career changes, those that are ready to take it to the next level in their life. Topics and areas that will be covered are self image, starting a business, attitude, opportunities, financial, and general life situations. So the question here is, Are you ready to be empowered and change your life? If so, then tune in every week so that you can start this life changing experience!

**About Robin Hardy** is well known for her expertise in guiding men & women into creating tangible actionable results through Media Training, PR Consulting, Creative Development, Marketing and Business Plans. Through the application of her 6 Empowered Keys Program Robin ensures that her clients create a solid sense of direction leading to greater profitability. Her methods empower people to stretch beyond their limitations, re-invent through a solid sense of self-esteem and deepen their levels of confidence for unstoppable success. Robin speaks nationally, teaches on college campuses and coaches individuals, small business owners and entrepreneurs. As Development Director & Feminine Leader for The Amazing Woman's Day Movement she contributes her insights to empowering women entrepreneurs and business owners. Whether it be as an Empowered Options Coach, An Inspirational Speaker, An Author or host of Empowering you Radio, there's one thing for certain; Robin is dedicated to helping others achieve their wildest dreams.

Visit her website at [www.RobinHardy.net](http://www.RobinHardy.net) for more information on coaching & speaking and to sign up to receive her monthly E-Zine full of great information to empower you.